OVER ▶

WINTER SLIPS, TRIPS & FALL HAZARDS

Your shift starts before you reach the production floor and so does your safety. In winter, the walk from the parking lot, a trip across the yard or a step onto a loading dock can put slippery conditions in your path. Each winter workers suffer from injuries as the result of slips, trips and falls. Most of these incidents can be eliminated or avoided with the proper use of ice cleats.

1. **WHEN DO I NEED ICE CLEATS?**
2. **WHAT ARE THE DIFFERENT TYPES OF ICE CLEATS?**
3. **HOW TO PROPERLY WEAR ICE CLEATS TO ELIMINATE WINTER SLIPS, TRIPS AND FALLS AT WORK AND HOME**



BC **Forest Safety**

Safety is **good** business

BC FOREST SAFETY COUNCIL | 8C-2220 BOWEN RD, NANAIMO BC V9S 1H9 | T: 1.877.741.1060 | BCFORESTSAFE.ORG

WINTER SLIPS, TRIPS & FALL HAZARDS

WHEN DO I NEED TO USE ICE CLEAT?

Accumulations of snow and ice can make the parking lot or areas of the workplace hazardous. Typically the first person to arrive at work is tasked with spreading sand or salt to minimize the hazard of slippery areas. Sometimes the sand/salt mixture can still leave slippery sections or the task doesn't get fully completed before workers start to arrive.

Additionally we sometimes fail to recognize these same hazards also exist at home when when we're in a hurry to get into our vehicles and head to work.

During wintry weather, using ice cleats strapped to your boots will help ensure you have sufficient grip to avoid slipping and injuring yourself.

WHAT ARE THE DIFFERENT TYPES OF ICE CLEATS?

Ice cleats come in many forms and styles.



Flip style cleats stay on boots an are flipped up when not needed.



Removable crampon style are attached to your boot.



Removable economical ice cleats attach to your boot.

HOW TO PROPERLY WEAR ICE CLEATS TO ELIMINATE WINTER SLIPS, TRIPS AND FALLS AT WORK AND HOME

The activity being performed will determine what is the best type of Ice Cleat to wear.

1. **For traveling to your vehicle and from your vehicle into work the flip style work best because they can be quickly flipped up out of the way but still on your boots for when you need them. Mobile Equipment operators may want to use these as well so that they can flip the ice cleats down after they get down from their equipment.**
2. **For workers spending a considerable amount of time outside on slippery surfaces both the crampon style and economical ice cleats are appropriate as long as they are removed when you go indoors or drive a vehicle. Ice cleats will help to eliminate slips, trips and falls during wintry conditions if they are immediately available (flip style) or robust enough for extreme conditions that you my find outdoors (crampon or economical removable type).**

Winter Safety Series

Scan the QR code to access all BCFSC Crew Talks and to subscribe.