Slips, Trips And Falls

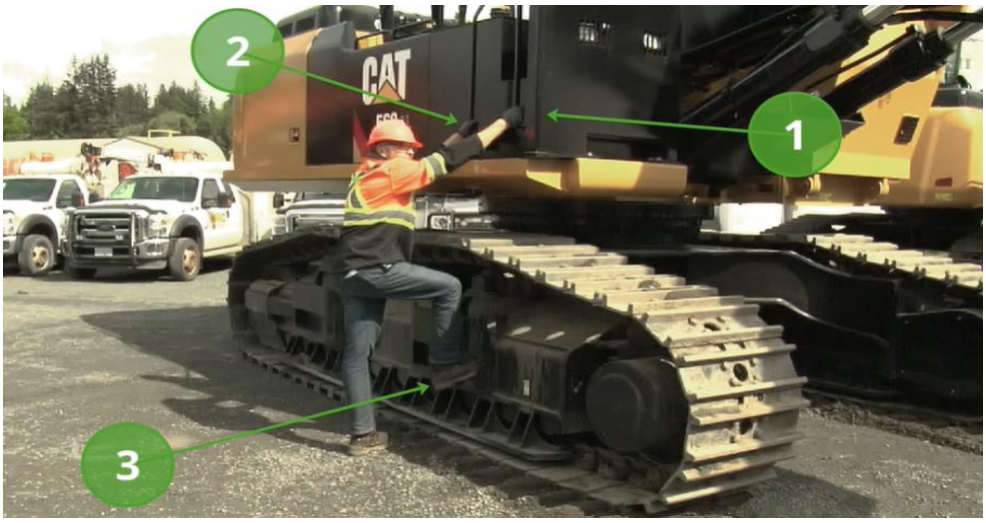


TAG
Trucking and Harvesting Advisory Group

Driving For Safety

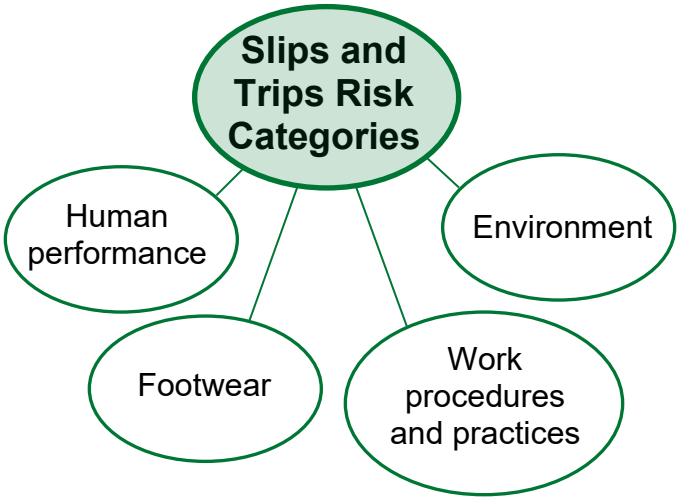
Falls from Elevation

Falls occur when your foot hits into or slips on something causing you to lose your balance.



Tips to avoid falls while working in and around equipment:

- Maintain 3-point contact when entering AND exiting the cab of a truck or equipment. Demonstrated in the above photo.
- Always use aids when available. i.e. steps, handrail or hand holds.
- Wear proper footwear with appropriate traction.
- Do not jump down from elevated surfaces such as tracks or steps.
- Assess environmental conditions while working outdoors. Conditions can change rapidly.



There are nine categories of key factors identified by WSBC which influence risk of slips, trips and falls. The 4 most common ones for machine and truck operators are listed on the left.

How many of these apply to your worksite?
More than likely all of them apply.

Can you list an example per risk category with the type of control needed to eliminate or reduce the risk?

Additional links:
FP Innovations – 3-point Contact for Forestry Equipment Video
WorkSafe BC – Preventing Slips, Trips and Falls in the Workplace

Safe Driving is Good Business