

Slips, Trips And Falls



Slips, trips and falls account for 30% of injuries in the workplace. Wintery conditions often mean increased hazards due to ice and snow which produce slippery surfaces.

Prior to exiting your cab, you should scan for the following:

- **How is the condition of the ground?**
 - Is the ground covered with snow, ice, loose bark or rocks?
 - Are there hidden roots, branches or ruts?
 - Is anything sticking out?
 - Is the ground uneven?
- **How is the visibility or lighting?**
 - Is visibility at the worksite sufficient to see any potential hazards?
 - If not, proceed with extreme caution
- **Are you wearing the proper footwear?**
 - Do you have ice cleats on?
 - If using the flip up type, ensure to flip them down prior to exiting

How many potential hazards can you spot in the photo below?



Additional Resources:

[BCFSC – Slips, Trips and Falls Resources Package](#)

[BCFSC – Winter Slips, Trips and Falls Crew Talk](#)

[BCFSC – Slips, Trips and Falls Injury Prevention YouTube Video](#)

Safe Driving is Good Business