

MANUFACTURING SAFETY ALERT

Ask Yourself
“Could it happen here?”

DESCRIPTION OF EVENT

Extreme Cold Weather

December through February often bring colder seasonal temperatures. Preparing in advance is essential to help prevent injuries or illness related to extreme cold conditions.



SUGGESTED ACTIONS

- **Avoidance:** Schedule and prioritize indoor or office work during colder days when possible.
- **Limit Exposure Time:** Reduce prolonged time spent working outdoors.
- **Hazard Assessment:** Complete a hazard assessment before heading out.
- **Monitor Weather Conditions:** Check the weather forecast in advance and plan accordingly.
- **Breaks:** Take regular breaks out of the elements to warm up.
- **Dress for the Weather:** Wear layered clothing, including insulated and waterproof outerwear.
- **Caution While Driving:** In addition to adjusting your driving for road conditions, use vehicle heat cautiously as excessive warmth may cause drowsiness while driving.

MOST IMPORTANT TAKE AWAY

To stay safe during cold weather, prioritize indoor work when possible, dress appropriately in layers and take regular breaks to warm up.

Always review the weather forecast and complete a hazard assessment before heading out.

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Manufacturing Advisory Group



BC Forest Safety

BCFSC welcomes all incident or near-miss submissions. To protect your privacy, we will review and remove all identifying information.

To share an incident or to subscribe to the Safety Alert of the Week, visit: www.bcforsafetys.org/safety-alerts/

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