

FIRST AID SAFETY

WHY FIRST AID SAFETY MATTERS

Accidents can happen at any time on any job site.

Up-to-date training, proper equipment and clear emergency procedures can reduce response times and improve outcomes when an emergency happens.

FIRST AID SAFETY TIPS TO KEEP EVERYONE SAFE

- FIRST AID KITS - AEDs - CPR
- CLEAR SIGNAGE
- REGULAR DRILLS



BC Forest Safety

Safety is **good** business

FIRST AID SAFETY

WHY FIRST AID SAFETY MATTERS



FIRST AID KITS, AEDs & CPR CERTIFICATION

- Make sure first aid kits are fully stocked and easy to access
Know where AEDs (Automated External Defibrillators) are located
- Maintain current CPR and First Aid certifications for designated personnel
- Do not use expired or damaged medical supplies—remove and replace them right away

CLEAR SIGNAGE

- Emergency equipment must be clearly labelled and visible
- Post signage showing:
 - First aid kit locations
 - AED locations
 - Emergency contact numbers
- Keep access paths clear at all times

REGULAR DRILLS & PREPAREDNESS

- Know how to get first aid services if you are injured
- Participate in regular emergency response drills
- Review emergency procedures during toolbox talks, Discuss:
 - Who to call
 - What to do
 - Where to go in an emergency
- Practising emergency procedures builds confidence and saves time when seconds matter

REMEMBER:

Quick, calm and correct action saves lives. Everyone plays a role in keeping the workplace safe - know the resources, stay alert and speak up if something is missing or needs attention.



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