

FIRST AID SAFETY

WHY FIRST AID SAFETY MATTERS

Accidents can happen at any time on any job site.

Up-to-date training, proper equipment and clear emergency procedures can reduce response times and improve outcomes when an emergency happens.

FIRST AID SAFETY TIPS TO KEEP EVERYONE SAFE

- **FIRST AID KITS - AEDs - CPR**
- **CLEAR SIGNAGE**
- **REGULAR DRILLS**



BC Forest Safety

Safety is good business

FIRST AID SAFETY

WHY FIRST AID SAFETY MATTERS



FIRST AID KITS, AEDs & CPR CERTIFICATION

- Make sure first aid kits are fully stocked and easy to access
Know where AEDs (Automated External Defibrillators) are located
- Maintain current CPR and First Aid certifications for designated personnel
- Do not use expired or damaged medical supplies—remove and replace them right away

CLEAR SIGNAGE

- Emergency equipment must be clearly labelled and visible
- Post signage showing:
 - First aid kit locations
 - AED locations
 - Emergency contact numbers
- Keep access paths clear at all times

REGULAR DRILLS & PREPAREDNESS

- Know how to get first aid services if you are injured
- Participate in regular emergency response drills
- Review emergency procedures during toolbox talks, Discuss:
 - Who to call
 - What to do
 - Where to go in an emergency
- Practising emergency procedures builds confidence and saves time when seconds matter

REMEMBER:

Quick, calm and correct action saves lives. Everyone plays a role in keeping the workplace safe - know the resources, stay alert and speak up if something is missing or needs attention.



Scan the QR code
with your phone's
camera to access all
BCFSC
First Aid Resources

Scan the QR code
with your phone's
camera to access all
BCFSC Crew Talks
and to subscribe.

