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# First Aid Requirements and Resources

AOM: 2025-05-22

On November 1st, 2024, WorkSafeBC updated the Occupational Health and Safety Regulations (OHSR) that relate to First Aid. Forestry operations should be meeting the current regulations now.

#### **First Aid Assessments:**

The new First Aid Assessment process has two steps:

Step 1. Determine the minimum levels of first aid required

Step 2. Look at the unique characteristics of the workplace and decide on what additional first aid services are required

Some companies miss Step 2 and are just meeting the minimum first aid requirements for equipment and training. If the site characteristics will create delays or challenges with delivering first aid to an injured worker, then adding more first aiders or equipment is required.

Remember that the assessment must be done in consultation with workers (the Worker Safety Representative, Joint Health and Safety Committee or other workers).

Note: For most forestry operations, the changes to the minimum levels of first aid will require additional first aid training and updated first aid kits.

#### Resources:

- 1) WorkSafeBC's First Aid Assessment Form (PDF and Online form)
- 2) Video How to Complete a First Aid Assessment

#### Written First Aid Procedures:

Companies must have up-to-date *written* first aid procedures posted at the workplace. These procedures can be included in the Emergency Response Plan (ERP) or a separate document. The OHSR outlines what needs to be included in these procedures:

- First aid equipment, supplies, facilities, attendants and services available
- The location of first aid and how to call them



- How the first aid attendant is to respond when called
- If there are barriers to receiving first aid
- How injured workers will be accessed and moved
- The authority of the first aid attendant over the treatment of injured workers
- Responsibility of the employer to report injuries to WorkSafeBC
- The methods of transporting injured workers and who is to call for transportation
- Location of emergency transportation
- Routes in and out of the workplace and to medical treatment

#### **Resources:**

- 1) WorkSafeBC Webinar Recording: Harvesting First Aid Regulatory Changes
- 2) OHSR Part 3 Occupational First Aid Guidelines

#### **First Aid Drills:**

These drills are required at least annually and whenever the first aid procedures change. The goal of the drill is to test the procedures, make sure first aid can be delivered effectively and to see if first aid attendants and others on site can fulfil all their responsibilities. Drills are an excellent way to find out what might go wrong and then make improvements to better prepare for a real incident.

# Resources:

- 1) Emergency Drill Resources from BCFSC
- 2) Video from WorkSafeBC Reviewing Your First Aid Assessment and Conducting Drills



# **BCFSC Latest News & Resources**

New Course – Virtual Instructor Led Basic Incident Investigation – The regular Basic Incident Investigation training is also available as a requested instructor-led virtual course which is convenient for companies with employees located around the province. It includes a combination of instructor-led virtual meetings and learning activities through BCFSC's online Learning Centre. The training is scheduled as two half-day sessions to provide flexibility for participants who are actively working.

Forest Safety News – read the latest issue of the FSN

<u>FIRS App</u> – The full version of the BCFSC FIRS App is now available to download from your App store. Use the FIRS App manage forms and documents for safety-related paperwork related to SAFE Companies and COR audit forms management.

# **BCFSC Training:**

# June 5 - 6 | Forest Supervisor - Due Diligence for Supervisors - Campbell River

This two-day classroom workshop will equip supervisors with knowledge of their legal responsibilities and how to prove due diligence.

## October 6 - 9 | Falling Supervisor - Nelson

Participants will learn the roles and responsibilities of a falling supervisor and will become familiar with processes used by a falling supervisor to support their due diligence.

# October 9 - 10 | Due Diligence for Forest Supervisors - Kamloops

This two-day classroom workshop will equip supervisors with knowledge of their legal responsibilities and how to prove due diligence.

## October 15 - 16 | Due Diligence for Forest Supervisors – Cranbrook

This two-day classroom workshop will equip supervisors with knowledge of their legal responsibilities and how to prove due diligence.

# October 16 - 17 | Due Diligence for Forest Supervisors - Campbell River

This two-day classroom workshop will equip supervisors with knowledge of their legal responsibilities and how to prove due diligence.

#### October 17 | Basic Incident Investigation – Cranbrook

This course provides a basic understanding of the methods, tools, and processes needed to conduct an incident investigation.

### October 23 - 24 | Due Diligence for Forest Supervisors – Prince George

This two-day classroom workshop will equip supervisors with knowledge of their legal responsibilities and how to prove due diligence.

## October 23 - 24 | Leadership and Communication for Forest Supervisors – Nelson

This two-day classroom workshop will equip supervisors with knowledge of their legal responsibilities and how to prove due diligence.

Refer to the Training section for more information on upcoming classroom training and costs.

# **Worker Assessment and Training**

Each forestry occupation requires different knowledge and skillsets to perform the job at hand. BCFSC worked with industry to develop competency-based standards, training, and assessment tools to help employers evaluate workers and complete on-the-job training.

Take a look at our <u>FREE assessment forms</u> for Basic Forest Workers, Yarding, Mechanized Harvesting and Road Building.

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