

# IT WON'T HAPPEN TO ME

There are many excuses someone will give for not working safely. Some of the most common are "I didn't know", "I didn't have time", "I lost my PPE", etc. One of the worst excuses for not working safely is **"It won't happen to me!"**.

This excuse demonstrates a mindset that is not set on completing a task safely or shows a person is relying on luck to keep them safe while on the job.

- DEMONSTRATE A STRONG ATTITUDE TOWARDS WORKPLACE SAFETY
- AVOID AN **"IT WON'T HAPPEN TO ME"** MINDSET



**BC Forest Safety**

Safety is good business

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## DEMONSTRATE A STRONG ATTITUDE TOWARDS WORKPLACE SAFETY

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There is no substitute for experience. Experience allows us to work more efficiently and safely. However, experience can also lead to complacency or a higher level of tolerance for risk. When an employee has done the same task or has been in the same occupation for many years, they can develop a mindset of **"it won't happen to me"**.

This doesn't mean newer employees don't have a similar mindset, but it is often very experienced employees who fall into this trap. We have all heard stories of experienced workers or supervisors getting seriously injured from becoming complacent towards known hazards. **It is necessary to be mindful of your attitude towards safety on the job.**

## AVOID AN "IT WON'T HAPPEN TO ME" MINDSET

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Complacency can be hard to avoid, however having a mindset that an incident or injury will not happen to you can put you at high risk of sustaining an injury. Believing you are not susceptible to hazards because you have been doing your job for a long time is a sure-fire way to get injured. No one can avoid injury from just having experience alone. Ensuring safeguards are in place and consistently following safe work practices will help you avoid injury. **No matter how much experience you have, the necessary steps still need to be taken to prevent an incident from occurring.**

Do not let experience affect your attitude towards taking the correct steps to working safely. Hazards need to be controlled and they are only controlled when we take the time to implement proper safeguards and follow safe work practices. **Evaluate your attitude about workplace safety and think about what hazards or work tasks you have become complacent about - then re-evaluate and make your health and safety a priority.**

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