

# STAYING SAFE IS A BALANCING ACT.

POOR LIGHTING

SNOW ON LOGS

ROCKS

LOOSE BARK

HIDDEN ROOTS

ICE

SNOW COVERED GROUND

FROZEN, RUTTED GROUND

Winter walking conditions can be hazardous. Wear proper footwear. Take smaller steps. Stretch to stay limber. It's easier to stay well than get well.



**BC Forest Safety**

Safety is good business

[bcforestsafe.org](http://bcforestsafe.org)