

FIRST AID PREPAREDNESS

IT'S A GOOD IDEA FOR EMPLOYEES IN THE WORKPLACE TO HAVE SOME BASIC KNOWLEDGE ABOUT THE FIRST AID AVAILABILITY ONSITE. YOU NEVER KNOW WHEN AN INJURY OR AN EMERGENCY IS GOING TO HAPPEN.

EVERYONE SHOULD BE ABLE TO DESCRIBE THE FOLLOWING:

- THE COMPANY SAFETY POLICY
- THE STEPS TO TAKE WHEN THEY OR SOMEONE ELSE IS INJURED
- WHERE THE FIRST AID EQUIPMENT IS LOCATED
- KNOW HOW AND WHO TO CONTACT IN THE EVENT OF AN INJURY
- YOUR LOCATION



BC Forest Safety

Safety is **good** business

FIRST AID PREPAREDNESS



KNOW THE COMPANY POLICY

Every company has a policy or procedure to be followed when an injury or emergency happens in the workplace. There are certain steps everyone should follow. There are certain people who will be contacted. Every employee should know the company's policies and procedures to help eliminate confusion.

KNOW THE STEPS TO TAKE

There are steps that you should follow when an emergency occurs. It's easy to panic when an emergency happens and your mind goes blank. When you know the procedures and are familiar with what you are supposed to do, it's easier to think clearly.

KNOW WHERE THE FIRST AID ROOM IS LOCATED

The first aid kit or AED should be located in a central location and labeled so everyone is aware of the location. Everyone needs to know the location of the first aid room.

KNOW WHO TO CONTACT

In an incident that needs medical attention, there are first aid attendants within the company who should be contacted. If it is a dire emergency and the person needs emergency attention immediately, the employee should have access to relevant emergency response numbers or a quick way to contact someone for help.

KNOW YOUR LOCATION

When you are contacting someone in the midst of an injury or emergency, they are going to ask your location. If you are not sure where that is, they don't know how to get to you. Everyone should know their location within the operation and the physical address of the operation. It can ensure that help gets to you as quickly as possible.



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