



Walk Carefully on Slopes

Date of talk: _____

Description :

A worker was walking down a shallow sloped (10%), rock armored embankment that had a thick cover of wet silt. While the worker was carefully making his way down toward the stream channel he slipped, falling forward onto an exposed boulder in the stream bottom. The worker impacted the boulder and caused damage to the right chest area. As time progressed the injury went from external to having internal issues.

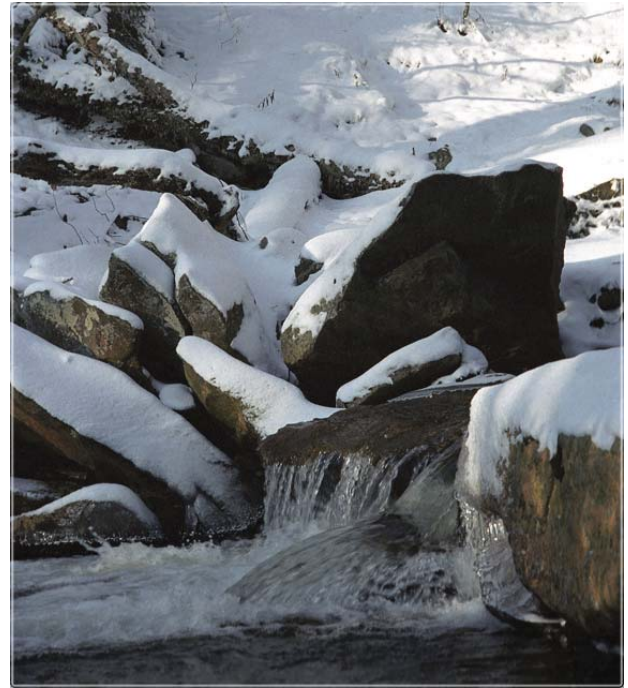
Source: Forsite Engineering and Geoscience

Contributing Factors:

Wet and slippery conditions.

Inadequate assessment of risk.

Broken and rough terrain.



Recommended Preventative Actions:

In your hazard assessment, consider exposure, hazard and consequence when traversing down this type of slope.

Always use three point contact when traversing rough terrain.

Consider the use of a walking stick where footing may be uncertain and three point contact may not be possible.

Discussions / Follow-up Actions:

| Names of Attendees: | | |
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