# FOR THE WORK PLACE HOW PHYSICAL DISTANCING WORKS

#### PHYSICAL DISTANCING NOT IMPLEMENTED



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MANY PEOPLE ARE NOT SURE HOW OR IF PHYSICAL DISTANCING WORKS, AND WHY IT IS PART OF THE PROVINCIAL PANDEMIC STRATEGY AND HIGHLY ENCOURAGED BY B.C. PROVINCIAL HEALTH OFFICER.



- PHYSICAL DISTANCING IS ALL ABOUT THE MATH AND NUMBERS
- REDUCING THE NUMBER OF CONTACTS A PERSON HAS IS IMPORTANT IN REDUCING TRANSMISSION
- THE CHANCES OF INFECTION IN THE GENERAL POPULATION INCREASES SUBSTANTIALLY WITHOUT PHYSICAL DISTANCING

## FOR THE WORK PLACE HOW PHYSICAL DISTANCING WORKS



### **DISTANCING NOT IMPLEMENTED:**

1 PERSON » INFECTS 2.5 PEOPLE (IN 5 DAYS) » THEY INFECT 244 PEOPLE (IN 30 DAYS)

**DISTANCING IMPLEMENTED:** (ASSUMING TRANSMISSION IS REDUCED BY 50%)

1 PERSON » INFECTS 1.5 PEOPLE (IN 5 DAYS) » THEY INFECT 4 PEOPLE (IN 30 DAYS)

IN THE WORK PLACE, PHYSICAL DISTANCING MEANS STAY 2 METRES / 6 FEET APART OR TWO ARM LENGTHS AWAY FROM ANOTHER. ADDITIONAL SAFE PRACTICES INCLUDE:

- PHYSICAL DISTANCING WITH OTHER WORKERS WE MEET ON THE WORKSITE AND STAYING IN YOUR WORK AREA AS MUCH AS POSSIBLE
- PHYSICAL DISTANCING WITH ANY VISITORS TO THE WORK SITE AND EXPLAINING TO THE VISITOR THE PROTOCOLS
- AVOIDING GROUPS CONGREGATING IN ONE AREA BY REDUCING IN-PERSON MEETINGS, HOLDING MEETINGS OUTSIDE AND USING ALTERNATIVE MEANS OF COMMUNICATIONS LIKE WEB CALLS, RADIOS AND CELL PHONES.
- USING DIGITAL OR ELECTRONIC METHODS OF TRANSFERRING DATA SUCH AS WORK PLAN DOCUMENTS; MAPS; ERPS; LOAD SLIPS AND SCALE CARDS AS EXAMPLES.
- IF WORKING IN A SMALL CREW, STAYING WITHIN YOUR CREW, AND AVOID PHYSICALLY INTERACTING WITH OTHER CREWS.
- ARRANGING WORK SCHEDULES TO REDUCE THE NUMBER OF WORKERS ON SITE.
- ORGANIZING WORK TASKS AND THE WORK SITE TO PROVIDE MORE SPACE FOR PHYSICAL DISTANCING AND ELIMINATING AREAS OF CONGESTION.
- FIRST AID ATTENDANTS TO PHYSICAL DISTANCE UNLESS AN INTERVENTION IS NECESSARY.
- PHYSICAL DISTANCING ALSO MEANS NOT SHARING TOOLS OR EQUIPMENT.
- SUPERVISORS SHOULD TRAIN, ENCOURAGE AND MONITOR PHYSICAL DISTANCING AND PROVIDE SUPPORT TO WORKERS THAT STRUGGLE.