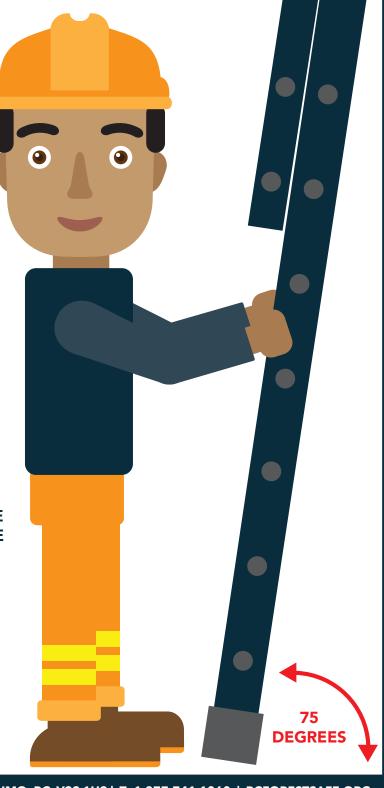
## LADDER POSITIONING

FALLS FROM LADDERS
ARE ONE OF THE
LEADING CAUSES OF
OCCUPATIONAL INJURIES.
THAT IS WHY IT'S ALWAYS
IMPORTANT TO SET UP
AND POSITION YOUR
LADDER CORRECTLY TO
PREVENT THE LADDER OR
YOU FROM FALLING.

- 1) ENSURE LADDERS ARE SET UP AT THE CORRECT ANGLE.
- 2) BE AWARE OF THE SURFACE YOU'RE SETTING THE LADDER UP ON.
- 3) ALWAYS ENSURE THE LADDER IS SECURED AGAINST MOVEMENT (TIE IT OFF).
- 4) CONDUCT AN ASSESSMENT OF THE AREA TO DETERMINE IF THERE ARE ANY POTENTIAL HAZARDS.





## LADDER POSITIONING (4)

- 1) THE LADDER SHALL BE ERECTED AT THE CORRECT POSITION; THE CORRECT ANGLE FOR A LEANING LADDER IS APPROXIMATELY 1:4 OR 75 DEGREES WITH THE RUNGS OR TREADS LEVEL AND THE LADDER BEING COMPLETELY OPENED.
- 2) WHEN CHOOSING WHERE TO SET UP YOUR LADDER, BE SURE TO OBSERVE THE SURFACE YOU ARE SETTING IT UP ON.
  - LADDERS ARE TO BE SET UP ON AN EVEN, LEVEL AND UNMOVABLE BASE.
  - LADDER ARE NOT BE POSITIONED ON SLIPPERY SURFACES (SUCH AS ICE, SHINY SURFACES OR SIGNIFICANTLY CONTAMINATED SOLID SURFACES) UNLESS ADDITIONAL EFFECTIVE MEASURES ARE TAKEN TO PREVENT THE LADDER SLIPPING OR ENSURING CONTAMINATED SURFACES ARE SUFFICIENTLY CLEAN.
- 3) WHEN SETTING UP YOUR LADDER, BE SURE TO SECURE YOUR LADDER AGAINST ANY POSSIBLE MOVEMENT. THIS CAN BE COMPLETED BY:
  - ENSURING THE LADDER IS LEANED UP AGAINST A FLAT NON-FRAGILE SURFACE.
  - IS SECURED BEFORE USE, E.G. TIED OR USE A SUITABLE STABILITY DEVICE.
  - LADDER IS STANDING ON ITS FEET, NOT THE RUNGS OR STEPS.
  - ENSURE ALL THE LADDER LOCKING DEVICES ARE SET APPROPRIATELY.
- 4) WHEN SETTING UP LADDERS, BE SURE TO OBSERVE THE LOCATION OF WHERE YOU ARE SETTING IT UP. CONSIDER THE FOLLOWING PRIOR TO ERECTING THE LADDER:
  - TAKE INTO ACCOUNT COLLISION RISKS WITH THE LADDER E.G. FROM PEDESTRIANS, VEHICLES AND DOORS.
  - DO NOT BLOCK DOORS, ESPECIALLY EMERGENCY EXITS.
  - IDENTIFY ANY ELECTRICAL RISKS IN THE WORK AREA SUCH AS OVERHEAD LINES OR OTHER EXPOSED ELECTRICAL EQUIPMENT.
  - IDENTIFY ANY POSSIBLE MOVING PARTS BELOW YOUR WORK THAT MAY NOT BE GUARDED.

AFTER THE LADDER IS SET UP, IT SHOULD NEVER BE REPOSITIONED FROM ABOVE (WHILE STANDING ON THE LADDER). IF IT MUST BE REPOSITIONED, THE WORKER NEEDS TO DESCEND OFF THE LADDER FIRST, THEN REPOSITION IT.

