## FORESIGHT IS BETTER THAN NO SIGHT: WEAR YOUR SAFETY EYEWEAR

THE EYE IS EXTREMELY DELICATE AND PERMANENT VISION LOSS CAN RESULT FROM A RELATIVELY MINOR INJURY.

REDUCE THE RISK OF EYE INJURIES BY USING BASIC SAFETY MEASURES AND COMMON-SENSE PREVENTION MEASURES TO ELIMINATE HAZARDS AT THE SOURCE AND FOLLOWING GOOD HOUSEKEEPING PRACTICES.

- PAY ATTENTION TO YOUR WORKING ENVIRONMENT AND ALWAYS WEAR ADEQUATE, WELL-FITTING EYE PROTECTION SUITED TO THE JOB, PROCESS OR PROCEDURE WHEREVER THERE IS A CHANCE OF EYE INJURY
- KNOW THE EYE SAFETY DANGERS OF YOUR WORK ENVIRONMENT AND COMPLETE AN EYE HAZARD ASSESSMENT
- ELIMINATE HAZARDS BEFORE STARTING WORK.
   USE MACHINE GUARDING, WORK SCREENS OR
   OTHER PROTECTIVE CONTROLS
- ENSURE ANYONE WORKING IN OR PASSING THROUGH AREAS THAT POSE EYE HAZARDS IS WEARING PROTECTIVE EYEWEAR





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SAFETY EYEWEAR IS AN ESSENTIAL PIECE OF PERSONAL PROTECTIVE EQUIPMENT, BUT WORKERS CAN SOMETIMES WEAR THE WRONG KIND FOR THE TASK, OR, EVEN WORSE, DON'T WEAR ANY AT ALL!

HAVING THE CORRECT EYEWEAR FOR A SPECIFIC JOB OR TASK IS VITAL IN PROTECTING YOUR VISION.

## CONSIDER THESE POINTS WHEN SELECTING THE RIGHT PROTECTIVE EYEWEAR:

- Safety glasses with side shields protect your eyes from flying-object hazards and particles such as metal, wood, plastic or glass coming at you from the front or from the side
- Face shields worn over other protective eyewear such as safety glasses or goggles protect your entire face. They help guard you from splashes, heat, glare, and flying particles. They won't provide sufficient eye protection on their own so they must be worn in addition to basic protective eyewear
- Goggles with regular (direct) ventilation fit snugly around your eyes. They protect from dust, sparks and flying particles / hazards that could strike you from many angles
- Goggles with hooded (indirect) ventilation have indirect openings to protect you by blocking chemical splashes, dust, sparks, and flying particles. They are used in work with fluids, molten materials, in labs, in labs or other work environments with eye splash hazards
- Welding helmets fit over safety glasses or goggles. They may have clear or tinted lenses. Ask your supervisor which lens is right for your job. Welding helmets protect you from intense light from welding, sparks, and splashes of molten metal

WHEN YOU'VE SELECTED THE RIGHT EYE PROTECTION FOR THE JOB, MAKE SURE IT FITS YOUR FACE. AIM FOR A CLOSE FIT (NO MORE THAN A 5MM GAP FROM YOUR FACE).

## **REMEMBER!**

IF YOU FEEL ANY EYE DISCOMFORT AT ALL, SEEK FIRST AID IMMEDIATELY!

