

# COVID FATIGUE

**SAWMILLS IN BC ARE SEEING A SIGNIFICANT RISE IN INCIDENTS AND LOST TIMES WITH SOME INCIDENT RATES RISING OVER DOUBLE FROM 2019.**

**MANY OF THE REPORTED INCIDENTS ARE ASSOCIATED WITH BASIC SAFETY CONTROLS SUCH AS:**

- **LOCKOUT**
- **RESOURCE ROAD SPEEDS**
- **SLIPS, TRIPS AND FALLS**
- **CORRECT GLOVE USAGE**

**IN ALMOST EVERY CASE, BASIC SAFETY CONTROLS THAT ARE WELL KNOWN TO EMPLOYEES WERE NOT BEING USED OR WERE FORGOTTEN.**

**COVID-19 IS A NEW HAZARD IN THE WORKPLACE.**

**'COVID FATIGUE' IS THE NEW UPSET CONDITION.**



**BC Forest Safety**

Safety is good business



# COVID FATIGUE



**IN AN UPSET CONDITION, WORKERS MAY TAKE UNNECESSARY RISKS, LIKE NOT FOLLOWING SAFETY PROTOCOLS THAT ARE ALREADY IN PLACE. THESE "UPSET CONDITIONS" SHOULD BE ADDRESSED USING ESTABLISHED PROCESSES TO PROTECT WORKERS FROM HARM.**

**WE ARE IN UNFAMILIAR TERRITORY WITH COVID-19 AND COVID FATIGUE, SO EMPLOYEES NEED TO FOCUS ON THE BASICS WHILE PROTECTING THEMSELVES FROM THE VIRUS.**

- **FAMILIARIZE YOUR WORKFORCE WITH THE SYMPTOMS OF COVID FATIGUE AND WHAT TO LOOK FOR IN THE WORKPLACE AND WITH THEIR WORK TASKS. ENGAGE EMPLOYEES TO HELP IDENTIFY AND FIX ANY SAFETY ISSUES THAT MAY ARISE.**
- **CREATE AN OPEN DIALOGUE WITH ALL WORKERS TO SEE HOW THEY ARE MANAGING WITH THE NEW COVID-19 SAFETY PROTOCOLS AND PROCESSES AND DETERMINE HOW THEY ARE MANAGING THE HAZARDS THEY FACE EACH DAY.**
- **SUPPORT YOUR CO-WORKERS WHEN THEY ARE SUFFERING FROM COVID FATIGUE. LOOK FOR SLIPS IN JUDGEMENT OR RUSHING INTO TASKS WITHOUT TAKING INTO ACCOUNT VARIOUS RISKS. BE PREPARED TO REACT AND SUPPORT SAFETY DISCUSSIONS THAT ENCOURAGE FOLLOWING BASIC SAFETY CONTROLS.**
- **REGULARLY REINFORCE BASIC SAFETY CONTROLS (DISCUSSING ONE IN EACH DAILY TAILGATE MEETING) AND ENCOURAGE WORKERS TO ENGAGE IN THE CONVERSATION BY DESCRIBING SITUATIONS WHERE THEY HAVE STRUGGLED TO FOLLOW BASIC SAFETY CONTROLS.**

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