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| **Trucker’s Emergency Response - Working Alone Procedures** | | | | | | | |
| **Working Alone** - by yourself with no other people nearby. (*Alone in truck cab on the road*.)  **Working in Isolation** - not in contact with another person or crew for an extended time  *“The person working alone (the lone worker) must designate a contact person to check in with on a*  *pre-planned schedule. If the lone worker fails to check in, then the contact person must initiate search procedures”* | | | | | | | |
| **Communication Devices:** | | | | | **Personal Emergency Equipment** | | |
| (All haulers should have at least two options.) | | | | | Personal or Basic first aid kit | | |
| Radio | | Cell | | Sat phone | Level 1 first aid kit | | |
| SPOT / inReach | | GPS | | Other: | Additional supplies (matches, blanket, water) | | |
| **Contact Persons** | | | **Check in Frequency every** | | |  | **hours** |
| **In case of**  **Late arrival at worksite** | | | Name | |  | | |
| Relationship | |  | | |
| Phone number | |  | | |
| **In case of**  **Late arrival at end of day** | | | Name | |  | | |
| Relationship | |  | | |
| Phone number | |  | | |
| **Check in Contact Method:** | | | | | **Radio Frequencies:** | | |
| Radio | | Cell | | Sat phone | **Road** |  | |
| SPOT / inReach | | GPS | | Other: | **Load** |  | |
|  | | | | | **Other** |  | |
| **Self-Check** | | | | | | | |
|  | **Do you have access to the worksite map / route / directions?** | | | | | | |
|  | **Have you requested / received a copy to the worksite map?** | | | | | | |
|  | **Have you provided a copy of the worksite map to your check in person(s)?** | | | | | | |
|  | **Do you have all emergency contact numbers and worksite maps in your phone?** | | | | | | |
| **Location Details/Routes/ Map:**  Example: Prince George to Bear Lake, 700Rd to 723km, right on to 900 Rd. to 94.5km to block | | | | | | | |
| **See back / next page for Contact Numbers and Instructions** | | | | | | | |

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| **Trucker’s Emergency Response - Working Alone Procedures** | | |
| **Emergency Contact Numbers - 911** | | **Basic Emergency Response Procedures** |
| **Hospital / Facility Name:** |  | **First Aid**   * Call / radio First Aid attendant(s) to the scene or contact 911 emergency response (ambulance, helicopter) as required based on severity of injury * Ensure site is safe to enter, then stabilize patient (provide first-aid) * Advise office and hospital when you are on route * Always wear gloves – treat all blood and body fluids as potentially hazardous |
| Direct Phone: |  |
| **RCMP - Local #** |  |
| **WSBC** | **1-888-621-7133** or  **1-866-922-4357** after hours |
| **Helicopter Evacuation** |  |
| **Company/Employer Contact Numbers:** | | **Discovering a Fatality**   * Ensure site is safe/ do not disturb the scene, cover the body * Phone RCMP/complete radio silence * Contact employer * Ribbon off the area, block access with equipment if necessary * Assist in the investigation * Maintain radio silence * Prevent social media postings |
| Name 1: |  |
| Number: |  |
| Name 2: |  |
| Number: |  |
| Name 3: |  |
| Number: |  |
| Name 4: |  |
| Number: |  |
| Main Office: |  |
| Report a wildfire | **1-800-663-5555**  **Cell: \*5555** | **Wildfire**   * Stop operations/ notify the rest of the crew * Attempt to extinguish small fires * Report fire immediately to BC Wildfire Branch. |
| Report a spill | **1-800-663-3456** |
| Poison Control | **1-866-298-5909** |
| **Equipment Fire**   * Immediately shut off power. * Activate fire suppression system. * Attempt to extinguish small fires * Report fire immediately * If possible, eliminate fuel supply * Clear the area. |
| BC Hydro | **1-800-224-9376** |
| Fortis BC | **1-800-663-9911** | **Natural disaster- high winds, floods, avalanche**   * Evaluate – Notify supervisor- notify the rest of the crew. Shut down all operations. * Notify crew to gather at the pre-arranged muster point. * Clear the area. |
| **Other names and phone numbers** | |
| Name | Number |
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