If unrestrained, you face serious injury or death when:



- You hit something inside the vehicle. It could be the steering wheel or the reinforced pillars that surround the windows and doors.
- Something or someone else hits you. Any unrestrained passenger becomes a projectile that moves toward the point of impact. Anyone in the way can be crushed.
- You are thrown from your vehicle. You crash land on the pavement, smash into a rock or pole, or are hit by another vehicle.

Any action you can take to keep from being ejected, hitting something inside the vehicle or having something hit you will greatly increase your chances of surviving a crash. And that, quite simply, is what occupant restraints are all about.

