



BC Forest Safety

Stronger Together

A Shared Responsibility for Safety

The Big Picture

- Market Instability
- Workforce challenges
- Fibre Constraints
- Wildfire Risks
- Operational Complexities

Stress affects

- Decision-Making
- Attention
- Fatigue
- Judgement



STRONGER TOGETHER

Three ways we work together for one outcome.



SHARED AWARENESS

We learn from one another and share information so no one works in the dark.

+



SHARED ACCOUNTABILITY

We each own a piece.
Leaders set expectations.
Supervisors reinforce standards.
Workers speak up.

+



SHARED CARE

We look out for one another.
We reduce stigma.
Healthy workplaces are safer workplaces.

=



SHARED RESPONSIBILITY

Better decisions.
Safer work.
People going home safe — physically and psychologically.



What We Know

Mental health by the numbers

1 in 5

Canadians experience a mental health problem

Poor mental health costs the Canadian economy over

\$50 billion
a year

In Canada, Mental health is the

#1 cause of disability claims

500,000 Canadians

a week are unable to work due to their mental health

75%

of working Canadians would be reluctant to disclose a mental health condition to their boss or co-worker

71% of employers with the frontline employees believe they do a good job supporting mental health;

27% of frontline workers agree



71%

**Employers believe
they do a good job
supporting mental
health**

27%

**Frontline workers
agree**



CONNECTION
TO CARE

MONDAY-FRIDAY 8AM - 8PM
778-247-2273 (CARE)

HOME ABOUT RESOURCES [FEEDBACK](#)

Your mental health and wellbeing matters.

Connection to Care is a phone service providing free, anonymous, and confidential support to local government workers in BC and BC forestry workers.



In Partnership with:



BC **Forest Safety**



BC **MUNICIPAL SAFETY** Association

BC ASSOCIATION
**of CLINICAL
COUNSELLORS**

This program is proudly supported by:



BC COUNCIL OF FOREST INDUSTRIES



SERVICE FEATURES

Support you can count on, when you need it.



FREE

No cost to forestry workers.



CONFIDENTIAL

Your conversations are private and secure.



ANONYMOUS

You choose what you share.



EARLY SUPPORT

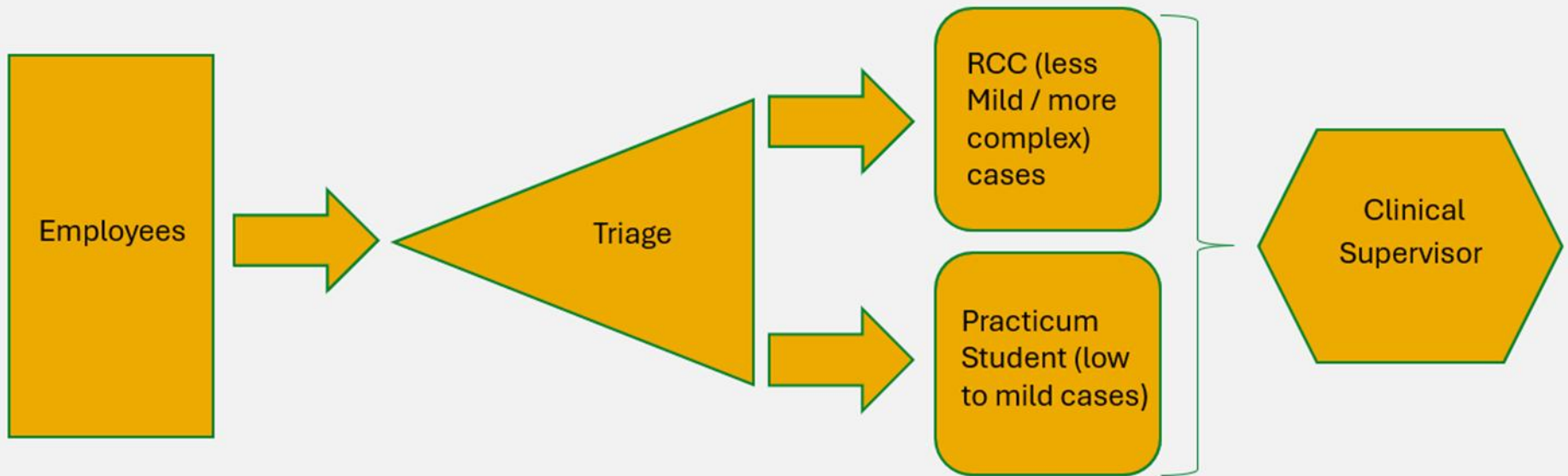
Help before stress becomes crisis.



Accessible support when it matters most.



Service Model



Qualifications

Qualifications of Clinical Supervisor

The BCACC accredited Clinical Supervisor hold the RCC-ACS designation. This designation is only awarded to Registered Clinical Supervisors who have met the following criteria:

1. An RCC in good standing
2. 5+ years of clinical practice
3. 100+ hours of clinical supervision of others
4. 50+ hours of received clinical supervision
5. References from other RCC-ACS's

Qualifications of RCC's

The BCACC accredited Clinical Counsellors hold the RCC designation. This designation is only awarded to Registered Clinical Counsellors who have met the following criteria:

1. A master's degree in Counselling Psychology
2. 100+ hours of received clinical supervision
3. 1000+ hours of practical experience
4. Professional liability insurance
5. A "clean" criminal record check



WHAT LEADERS CAN DO TOMORROW

Small actions by leaders can change trajectories.





CONNECTION
TO CARE



BCFSC Resource Page

To learn more, please reach out to info@bcforestsafe.org

