

**Healthy
Hauler**



Step Challenge

It's simple...Just follow the STEPS
Challenge starting Oct 15

Sign Up (email or call us)

Track your steps (we'll mail you a pedometer)

Encourage your co-workers

Provide us with your numbers (email or call us)

Success = Pride and recognition



BC Forest Safety Council

Unsafe is Unacceptable

1-877-324-1212 | transport@bcforestsafe.org | www.bcforestsafe.org